

For More Information

- 419-969-6099
- info@glseminars.com
- www.glseminars.com

Payment in full is due with registration and there is a non-refundable cancellation fee of \$50. There will be no refunds given within 2 weeks (14 calendar days) of the course.

Great Lakes Seminars reserves the right to cancel the course due to unforeseen/unavoidable circumstances. In the event of a cancellation, Great Lakes Seminars will not be responsible for any charges incurred by the registrant other than the course cost.

Instructor

Ashwin Datt
PT, DPT, CIMT, FAFS, FMR, FGS

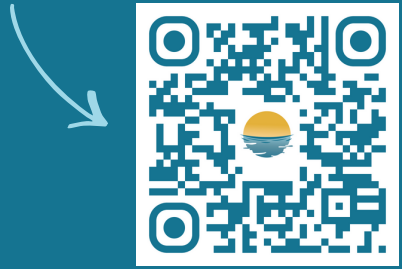
Ashwin graduated from San Francisco State University with a degree in kinesiology with an emphasis in human movement studies in 2003. He continued to the University of the Pacific to finish his doctoral degree in physical therapy in 2007. Ashwin's primary focus is outpatient orthopedic and rehabilitative physical therapy, specializing in the treatment of a wide variety of injuries, surgeries and pathologies. He emphasizes a whole-body approach when treating patients. Ashwin started his Great Lake Seminars journey in 2008 and achieved his certification in Integrated Manual Therapy (CIMT) in 2010. Since then, he has assisted many courses for GLS and is excited for his role as a lead instructor. When he is not in the clinic, Ashwin enjoys spending time with his family, hiking, surfing, snowboarding, golfing, gardening and being outside.

2026 Course Schedule

- May 2-3, 2026 - Isanti, MN
- July 25-26, 2026 - Phoenix, AZ
- October 17-18, 2026 - Toms River, NJ
- November 14-15, 2026 - Suffolk, VA

Please check our website for the most updated schedule: www.glseminars.com

Scan the QR code below to view the Advanced Manual Therapy Techniques for the Extremities course page on our website!



Interested in hosting this course at your facility?

Bring our instructors to your clinic or organization for an exclusive training experience tailored to your team. Contact us for hosting details and availability.



Advanced Manual Therapy Techniques for the Extremities

2026



We Don't Just Teach. We Inspire.

- | | | |
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| 75% Hands-On Training
Practice new techniques with confidence | Passionate Instructors
Learn from specialized instructors who truly care | The GLS Experience
Be part of a fun weekend that will fly by |
|---|--|--|

Advanced Manual Therapy Techniques for the Extremities

Course Description

Feeling like you want to add more skills to your extremity treatment toolbelt? Then this is the perfect course for you. You'll learn techniques for the difficult extremity patient, who doesn't respond well to normal treatments or comes in with a dysfunction you haven't encountered before. We'll focus on truly unique joint mobilizations and myofascial release techniques, along with retraining exercises that will help you maintain the improvements you gain in the clinic. These techniques are the "clinical pearls" we have picked up over the years that helped us get extremity patients better when traditional treatment didn't work.

As with all our manual therapy courses, this course is at least 75% hands-on lab, and will give you skills you can use immediately upon returning to the clinic!

Course Objectives

- Correctly and independently state the anatomy and physiology behind a joint cavitation
- Correctly and independently identify and palpate 5 specific joint dysfunctions
- Correctly and independently identify and palpate 5 specific myofascial dysfunctions
- Correctly and independently perform 5 upper quarter mobilization/MFR techniques
- Correctly and independently perform 5 lower quarter mobilization/MFR techniques

Course Outline:

Saturday

7:30am - Doors Open
8:00am - Lecture: Introduction, Overview of Mobilizations and MFR
8:30am - Lecture: Key Concepts - Upper Extremity
10:35am - Lecture: Key Concepts - Lower Extremity
12:00pm - Lunch (on your own)
1:00pm - Lab - Shoulder Girdle Complex
2:45pm - Lab - Elbow, Wrist
4:30pm - Review Questions, Self-Assessment and Case Studies
5:30pm - Adjourn

Sunday

7:30am - Doors Open
8:00am - Review Questions
8:30am - Lab - Hip
10:45am - Lab - Knee
12:00pm - Lunch (on your own)
1:00pm - Lab - Foot/Ankle
3:15pm - Review/Critique of Skill in Techniques in Each Area
5:00pm - Adjourn

Continuing Education

This course has been submitted for 16.5 continuing education hours in the state in which each course is held. Approval amounts may vary per state. Certificates of attendance with the number of course hours will be given to each participant at the completion of the course.

REGISTER TODAY!

Register online at www.glseminars.com or fill out this form and fax to (419) 730-1216 or mail with payment to: 2768 Centennial Road, Toledo, OH, 43617

Name _____

Address _____

Phone _____

E-mail _____

Discipline _____

State(s) Licensed In _____

Course Location: _____

Course Date: _____

Course Fee: \$650

☐ Check Payable to: Great Lakes Seminars

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Credit Card Number

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Expiration Date (Month/Year)

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Security Code

Billing Street Address _____

Billing Zip Code _____