

# For More Information

- 419-969-6099
- info@glseminars.com
- www.glseminars.com

Payment in full is due with registration and there is a non-refundable cancellation fee of \$50. There will be no refunds given within 2 weeks (14 calendar days) of the course.

Great Lakes Seminars reserves the right to cancel the course due to unforeseen/unavoidable circumstances. In the event of a cancellation, Great Lakes Seminars will not be responsible for any charges incurred by the registrant other than the course cost.

## Instructor

**Kelly Poppaw**  
**PT, DPT, CIMT**

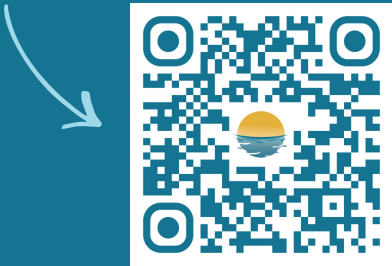
Kelly holds a Doctorate degree in Physical Therapy from Grand Valley State University. She received her Bachelor's degree from Eastern Michigan University, where she was a NCAA Division One athlete and captain of the women's soccer team. As a Certified Integrated Manual Therapist (CIMT), Kelly is credentialed through Great Lakes Seminars to assess mechanical dysfunction from a holistic perspective, and is very comprehensive in her treatment approach. She uses a wide variety of manual therapy techniques, functional exercise, and patient education to provide people with an exceptionally high quality of care. She treats orthopedically across the entire age spectrum from birth to adult to geriatrics. She has a passion to teach clinicians how to think systematically; find the root of the patient's problem on day-one, and eliminate the potential for misdiagnosis. Kelly is a Physical Therapist and Clinic Director at Probility Physical Therapy, a Trained Steward of the leadership methodology Intentional Energetic Presence (IEP) and uses her experience in these areas to create and sustain thriving businesses and cultures.

## 2026 Course Schedule

- May 16-17, 2026 - Toledo, OH or Live Hybrid
- August 1-2, 2025 - Smyrna, TN
- September 12-13, 2026 - Mahwah, NJ
- October 24-25, 2026 - Richmond, VA

Please check our website for the most updated schedule: [www.glseminars.com](http://www.glseminars.com)

Scan the QR code below to view the Finding Dysfunction course page on our website!



## Interested in hosting this course at your facility?

Bring our instructors to your clinic or organization for an exclusive training experience tailored to your team. Contact us for hosting details and availability.



# Finding Dysfunction: A Master Clinician's Approach to Finding the Cause of Patients' Pain

2026



## We Don't Just Teach. We Inspire.

- |   |  |  |
|---|--|--|
| <b>75% Hands-On Training</b><br>Practice new techniques with confidence | <b>Passionate Instructors</b><br>Learn from specialized instructors who truly care | <b>The GLS Experience</b><br>Be part of a fun weekend that will fly by |
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# Finding Dysfunction

## Course Description

This course will provide you with a unique yet systematic framework to finding the true cause of patients' pain. You'll learn to assess the body in a "global" way, looking beyond the local pain area to find dysfunctions elsewhere that could be causing the problem. The major focus points of this approach are the joint, muscle, fascial, and compensatory barriers a patient has (what we call the JMFC Framework) as well as the hypo-hyper compensation model, both in theory and on actual patient case studies. We know patients tend seek out therapists who have a great reputation for making a difference, and these simple frameworks will help you develop that reputation and help you get patients' lives back. This course will cover how to identify key dysfunctions in the shoulder, elbow, wrist, hip, knee, ankle, and foot, as well as look at spinal referred pain.

## Course Objectives

- Synthesize data from a clinical exam to develop a master-level approach to finding the root cause of upper and lower extremity pain
- Identify 4 pathological barriers to motion which can contribute to peripheral joint pain
- Apply the Joint-Muscle-Fascia-Compensation Framework to justify single and multiple dysfunctions that can contribute to peripheral joint pain
- Devise 1-2 pain pathways for upper and lower extremity joints in all 3 planes of motion
- Apply the Hypo-Hyper Compensation Model, and as outlined in the manual, and identify 4 ways in which this model contributes to the origin of peripheral joint pain
- Accurately describe the significance of applying the Test-Treat-Retest concept and justify the use of 1-2 manual therapy techniques for each pathological barrier to motion
- Explain 2 mechanisms by which mechanical pain is perceived in the brain
- Interpret 3 key pieces of the patient's subjective history that give the clinician information by which to find dysfunction effectively and efficiently

## Course Outline:

### Saturday

**7:30am** - Doors Open  
**8:00am** - Lecture: Introduction, Overview of the Keys to Finding Dysfunction  
**9:30am** - Lecture: Key Concepts – Discussion on Mechanical Pain  
**11:00am** - Lecture and Lab: Key Concepts with Finding Joint Dysfunctions  
**12:00pm** - Lunch (on your own)  
**1:00pm** - Lecture and Lab: Key Concepts with Finding Muscle Dysfunctions  
**4:00pm** - Review of Evidence-Based Literature for Today's Topic's  
**4:30pm** - Review Questions and Self-Assessment  
**5:30pm** - Adjourn

### Sunday

**7:30am** - Doors Open  
**8:00am** - Lecture: Review Questions  
**9:00am** - Lecture and Lab: Key Concepts with Finding Fascial Dysfunctions  
**10:45am** - Lecture and Lab: Key Concepts with Finding Compensation Dysfunctions  
**12:00pm** - Lunch (on your own)  
**1:00pm** - Lecture: Applying the Joint-Muscle-Fascia-Compensation (JMFC) Framework (identifying key dysfunctions in hip, knee, ankle, foot, shoulder, elbow, and wrist regions)  
**3:15pm** - Lecture: Case Studies and Speed Thinking using Pain Algorithms  
**4:45pm** - Questions, Post-Test, Course Evaluation  
**5:00pm** - Adjourn

## Continuing Education

This course has been submitted for 16.5 continuing education hours in the state in which each course is held. Approval amounts may vary per state. Certificates of attendance with the number of course hours will be given to each participant at the completion of the course.

## REGISTER TODAY!

Register online at [www.glseminars.com](http://www.glseminars.com) or fill out this form and fax to (419) 730-1216 or mail with payment to: 2768 Centennial Road, Toledo, OH, 43617

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Discipline \_\_\_\_\_

State(s) Licensed In \_\_\_\_\_

Course Location: \_\_\_\_\_

Course Date: \_\_\_\_\_

Course Fee: \$650

☐ Check Payable to: Great Lakes Seminars

☐ VISA ☐ MasterCard ☐ AMEX ☐ Discover

Credit Card Number

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Expiration Date (Month/Year)

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Security Code

Billing Street Address \_\_\_\_\_

Billing Zip Code \_\_\_\_\_