

For More Information



419-969-6099



info@glseminars.com



www.glseminars.com

Payment in full is due with registration and there is a non-refundable cancellation fee of \$50. There will be no refunds given within 2 weeks (14 calendar days) of the course.

Great Lakes Seminars reserves the right to cancel the course due to unforeseen/unavoidable circumstances. In the event of a cancellation, Great Lakes Seminars will not be responsible for any charges incurred by the registrant other than the course cost.

Instructor

Jason Hepworth PT, DPT, CIMT, CIDN

Jason holds a bachelor's degree in Health and Fitness in Preventative and Rehabilitative Programs from Central Michigan University. He also holds a doctorate in physical therapy from Grand Valley State University and is a Certified Integrated Manual Therapist (CIMT) through Great Lakes Seminars. Jason's approach to therapy encompasses the use of joint and soft tissue mobilization, functional therapeutic exercise and patient education to return his patients to their highest functional level. Jason is always looking for opportunities to learn new things and improve himself as a clinician. Jason, his wife, and two children live in Southeast Michigan.

2026 Course Schedule

- January 24-25, 2026 - Lynnwood, WA
- February 28 - March 1 - Sterling Heights, MI
- May 16-17, 2026 - Lincoln, NE
- July 18-19, 2026 - Cape Coral, FL
- September 12-13, 2026 - Toledo, OH or Live Hybrid
- October 3-4, 2026 - Stoughton, WI
- November 7-8, 2026 - Elgin, IL
- December 12-13, 2026 - Oakland, CA

Please check our website for the most updated schedule: www.glseminars.com

Scan the QR code below to view The Basics of Sacroiliac Mobilization course page on our website!



Interested in hosting this course at your facility?

Bring our instructors to your clinic or organization for an exclusive training experience tailored to your team. Contact us for hosting details and availability.



great lakes seminars

The Basics of Sacroiliac Mobilization

2026



We Don't Just Teach. We Inspire.

75% Hands-On Training
Practice new techniques with confidence

Passionate Instructors
Learn from specialized instructors who truly care

The GLS Experience
Be part of a fun weekend that will fly by

The Basics of Sacroiliac Mobilization

Course Description

This course takes a complex region of the body, which is often not taught well in school, and simplifies its assessment and treatment approach. You'll leave confident in your ability to assess and treat the SI joint with highly effective techniques that produce immediate results! We'll break down the biomechanics of the pelvic girdle complex and how it contributes to low back pain, both theoretically and using specific case study examples. You'll then practice several different diagnostic tests through static and movement assessments to help guide your treatment. Treatment techniques cover pubic, iliosacral, and sacral dysfunctions plus more, giving new and seasoned clinicians a comprehensive way of treating the area.

As with all our manual therapy courses, this course is at least 75% hands-on lab, and will give you skills you can use immediately upon returning to the clinic.

Course Objectives

- Independently discuss rationale for sacroiliac mobilization
- Independently and correctly perform a sacroiliac evaluation to determine dysfunction
- Correctly perform multiple movement dysfunction tests to ascertain the side of dysfunction
- Correctly palpate the landmarks of the pelvis to ascertain the type of dysfunction present in the pelvic girdle
- Demonstrate the ability to follow the correct order of treatment in the pelvis to best correct dysfunction
- Demonstrate correct application of specific mobilizations

Course Outline:

Saturday

7:30am - Doors Open

8:00am - Lecture: Introduction and Review of Pertinent Anatomy

9:30am - Lecture: Pelvic Girdle Biomechanics: Iliosacral

10:15am - Lecture: Pelvic Girdle Biomechanics: Sacroiliac

12:00pm - Lunch (on your own)

1:00pm - Lab: Diagnostic Testing - Static and Motion Assessment

3:00pm - Lab: Treatment of Pubic Dysfunction

4:00pm - Lab: Treatment of Iliosacral Dysfunctions - Slips

4:45pm - Lab: Review

5:00pm - Review of Evidence-Based Literature

5:30pm - Adjourn

Sunday

7:30am - Doors Open

8:00am - Lab: Review of Bony Structures and Diagnostic Testing

9:00am - Lab: Treatment of Iliosacral Dysfunctions - Flares

10:00am - Lab: Treatment of Iliosacral Dysfunctions - Rotations

10:45am - Lab: Treatment of Sacroiliac Dysfunctions

12:00pm - Lunch (on your own)

1:00pm - Lab: Treatment of Sacroiliac Dysfunctions

2:00pm - Lab: Review of Iliosacral Dysfunctions

3:00pm - Lab: Review of Sacroiliac Dysfunctions

3:30pm - Lab: Speed Mobilizations

4:15pm - Lab: Application to Clinical Situations

4:30pm - Review of Evidence-Based Literature

5:00pm - Adjourn

Continuing Education

This course has been submitted for 16.5 continuing education hours in the state in which each course is held. Approval amounts may vary per state. Certificates of attendance with the number of course hours will be given to each participant at the completion of the course.

REGISTER TODAY!

Register online at www.glseminars.com or fill out this form and fax to (419) 730-1216 or mail with payment to: 2768 Centennial Road, Toledo, OH, 43617

Name

Address

Phone

E-mail

Discipline

State(s) Licensed In

Course Location: _____

Course Date: _____

Course Fee: \$650

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Expiration Date (Month/Year)

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Billing Zip Code