

For More Information



419-969-6099



info@glseminars.com



www.glseminars.com

Payment in full is due with registration and there is a non-refundable cancellation fee of \$50. There will be no refunds given within 2 weeks (14 calendar days) of the course.

Great Lakes Seminars reserves the right to cancel the course due to unforeseen/unavoidable circumstances. In the event of a cancellation, Great Lakes Seminars will not be responsible for any charges incurred by the registrant other than the course cost.

Instructor

Katherine Tan PT, MS, CCTT, CFMT

Katherine graduated with a Master of Science in physical therapy from the University of Alabama at Birmingham in 1999. She practices physical therapy in the areas of orthopedics and manual therapy and is certified as an Orthopedic Clinical Specialist (OCS) through the American Physical Therapy Association. In 2008, she became a Certified Cervical and Temporomandibular Therapist (CCTT). By earning this advanced specialty certification, Katherine has been recognized by the American Academy of Orofacial Pain for her dedication to the treatment of neck, jaw, and head pain. She currently works for Fishbein Physical Therapy in New York City and is enrolled in a residency program in Functional Manual Therapy.

2026 Course Schedule

- March 14-15, 2026 - Phoenix, AZ
- May 2-3, 2026 - Virginia Beach, VA
- October 10-11, 2026 - Toledo OH or Live Hybrid
- November 21-22, 2026 - Crystal Lake, IL

Please check our website for the most updated schedule: www.glseminars.com

Scan the QR code below to view Manual Therapy Treatment of the Temporomandibular Joint course page on our website!



Interested in hosting this course at your facility?

Bring our instructors to your clinic or organization for an exclusive training experience tailored to your team. Contact us for hosting details and availability.



great lakes seminars

Manual Therapy Treatment of the Temporomandibular Joint

2026



We Don't Just Teach. We Inspire.

75% Hands-On Training
Practice new techniques with confidence

Passionate Instructors
Learn from specialized instructors who truly care

The GLS Experience
Be part of a fun weekend that will fly by

Manual Therapy Treatment of the Temporomandibular Joint

Course Description

At a loss about how to treat your patients with jaw pain? Come learn a straightforward and practical approach to treat these underserved patients and expand your treatment population!

This course will provide you with a thorough understanding of temporomandibular joint anatomy, biomechanics and dysfunctions, and how they can create pain in the jaw, head and neck. Through this, you'll see that treatment of TMJ dysfunction is really no different than the treatment of other joints. Treatment techniques include joint mobilization, myofascial release, posture re-education and exercises.

As with all our manual therapy courses, this course is at least 75% hands-on lab, and will give you skills you can use immediately upon returning to the clinic.

Course Objectives

- Given a patient record, quantify progress represented in the four objective measurement results for the treatment of the temporomandibular joint and cervical spine
- Correctly palpate the primary and accessory muscles of the temporomandibular joint and neck
- Design a treatment plan of care for the primary and accessory muscles of the temporomandibular joint and neck
- Correctly and independently perform at least 8 basic mobilizations of the temporomandibular joint and cervical spine as shown in the manual
- Design an instructional program or materials for posture, strengthening and stretching exercises for the temporomandibular joint and neck as shown in the manual

Course Outline:

Saturday

7:30am - Doors Open
8:00am - Lecture: Anatomy of Bones, Joint, Articular Disk, Disk Attachments, Ligaments
10:15am - Lecture: Anatomy of Primary Muscles of Mastication, Suprahyoid, Infrahyoid
11:00am - Lecture: Motions of the TMJ
12:00pm - Lunch (on your own)
1:00pm - Lecture: Gathering Subjective Information
2:00pm - Lab: Measure Posture, Observe Respiration, Inspection of Teeth, Measure Jaw Motions
3:00pm - Lab: Palpate Joint Opening, Begin External Muscular Palpation and MFR
5:00pm - Lab: Review of Evidence-Based Literature
5:30pm - Adjourn

Sunday

7:30am - Doors Open
8:00am - Lab: Muscular Palpation and MFR cont.
9:30am - Lab: Intraoral Palpation
10:15am - Lab: TMJ Mobilizations
12:00pm - Lunch (on your own)
1:00pm - Lab: OA Joint Dysfunction, Cervical Joint Dysfunctions
3:45pm - Lab: Case Studies, Speed Mobilizations, MFR
4:30pm - Lab: Review of Evidence-Based Literature
5:00pm - Adjourn

Continuing Education

This course has been submitted for 16.5 continuing education hours in the state in which each course is held. Approval amounts may vary per state. Certificates of attendance with the number of course hours will be given to each participant at the completion of the course.

REGISTER TODAY!

Register online at www.glseminars.com or fill out this form and fax to (419) 730-1216 or mail with payment to: 2768 Centennial Road, Toledo, OH, 43617

Name

Address

Phone

E-mail

Discipline

State(s) Licensed In

Course Location: _____

Course Date: _____

Course Fee: \$650

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Expiration Date (Month/Year)

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