

Athletic Trainer Continuing Education Information

Great Lakes Seminars (BOC AP# P2139) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. All our courses are approved for Category A Hours. Athletic Trainers should claim only those hours actually spent in the educational program.

CSCS Continuing Education Information

The following courses are accepted for CEU credit by the NSCA for Certified Strength and Conditioning Specialists (CSCS):

- Functional Strength: The How and Why Behind Your Exercises (16.5 hours)
- Corrective Exercise: Assessing Movement and Treatment Strategies to Enhance Exercise (8 hours)
- Optimizing Upper Extremity Exercise Interventions: A Practical Approach (8 hours)
- Optimizing Lower Extremity Exercise Interventions: A Practical Approach (8 hours)
- Optimizing Spinal Exercise Interventions: A Practical Approach (8 hours)