




Assessment and Treatment of Patients with Balance Impairments

2026



For More Information

-  419-969-6099
-  info@glseminars.com
-  www.glseminars.com

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Instructor

Tara Kohler
PT

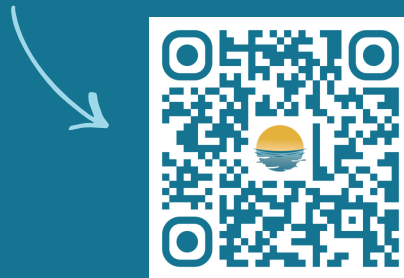
More about Tara coming soon...

2026 Course Schedule

- May 16, 2026 - 1:00pm-4:00pm ET
- November 22, 2026 - 1:00pm-4:00pm ET

Please check our website for the most updated schedule: www.glseminars.com

Scan the QR code below to view the Assessment and Treatment of Patients with Balance Impairments course page on our website!



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Assessment and Treatment of Patients with Balance Impairments

Course Description

Balance impairments are complex and multifaceted—often requiring a layered, system-by-system approach to truly identify the root cause and implement effective treatment. This webinar provides a comprehensive framework to enhance clinician confidence in assessing and treating balance dysfunction, while improving outcomes and reducing fall risk across patient populations.

The webinar is divided into five sections covering critical components of balance rehab: screening for falls, understanding the role of neurogenesis in balance retraining, testing and treating sensory systems, performing a thorough balance evaluation, and implementing long-term strategies to support sustained improvement. Participants will leave this webinar with a deeper understanding of the systems involved in balance and clear, actionable strategies to apply in the clinic right away.

Continuing Education

This course has been submitted for 3 continuing education hours in the state in which each course is held. Approval amounts may vary per state. Certificates of attendance with the number of course hours will be given to each participant at the completion of the course.

Course Outline:

Section 1 – Intro to comprehensive way of thinking about balance, falls, fall risk and the impact of neurogenesis to improve balance (30 minutes)

Section 2 – Basics of Systems assessment and treatment (60 minutes)

Section 3 – Other key objective testing to identify key areas of focus in developing patients Plan of Care (40 minutes)

Section 4 – Interventions that work on multiple systems (30 minutes)

Section 5 – Patient Resources and Tools to continue to break the vicious cycle of falls (20 minutes)

Course Objectives

- Accurately state 3 clinically relevant systems that affect balance and postural control.
- Accurately demonstrate 3 skills for testing and treatment of the visual system, vestibular system, and proprioceptive system.
- Accurately state 3 key areas, using evidence-based testing, that make up a comprehensive balance evaluation.
- Accurately state 3 ways of choosing the most appropriate interventions to bring about the greatest improvement in balance for a patient.
- Accurately state the importance of finding out your patients “why”, collaborative goal setting, and the “goldilocks strategy” to create more dramatic improvements in balance.
- Accurately demonstrate 5 new balance exercises to the therapist’s toolbox.
- Accurately state 3 physiologic and psychological barriers to guiding a patient to better balance.

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