

Tips and Tricks for Treatment of the Difficult Shoulder

2026



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2026 Course Schedule

- July 11, 2026 - 9:00am-12:00pm
- December 12, 2026 - 9:00am-12:00pm

Please check our website for the most updated
schedule: www.glseminars.com

Scan the QR code below to view the Tips and
Tricks for Treatment of the Difficult Shoulder
webinar page on our website!



For More Information

 419-969-6099

 info@glseminars.com

 www.glseminars.com

Great Lakes Seminars reserves the right to cancel the course due to unforeseen/unavoidable circumstances. In the event of a cancellation, Great Lakes Seminars will not be responsible for any charges incurred by the registrant other than the course cost.

Instructor

Mike Antal PT, DPT, CIMT

Mike received his Masters in Physical Therapy from Oakland University in Rochester, Michigan in 1997. He has also received his CIMT through Great Lakes Seminars and his CSCS through the National Strength and Conditioning Association. Mike is currently the director of an outpatient orthopedic clinic treating a variety of orthopedic dysfunctions with specialization in post-surgical orthopedic rehabilitation. Mike employs a diverse treatment approach utilizing a combination of joint mobilization techniques, muscle energy and myofascial release. He joined the Great Lakes Seminars team in 2006 after taking a number of the GLS courses and experiencing the effectiveness of these techniques with his patients. He continues to expand his knowledge in manual therapy through teaching and continuing education courses.

Tips and Tricks for Treatment of the Difficult Shoulder

Course Description

In this 3-hour live webinar, clinicians will learn a problem-solving evaluation approach to dysfunction in the shoulder, along with a select set of unique manual therapy treatment techniques for the area. This will be a fun and advanced class where clinicians will be able to add to and improve upon their treatment application and treatment rationale. The comprehensive approach will incorporate various techniques such as mobilizations and myofascial release. Clinicians will gain a thorough and in-depth understanding of anatomy, biomechanics, and assessment of the shoulder to apply the information immediately learned in the webinar.

Course Objectives

- Accurately describe anatomical structures covered in the manual and their application to shoulder joint complex mechanics, shoulder movement, and shoulder dysfunction.
- Accurately describe the treatment concepts for shoulder joint mobilizations and myofascial release of the shoulder.
- State the 5 treatment principles for shoulder taping.
- Independently discuss strengthening and movement re-education.
- Demonstrate each of the joint mobilizations and myofascial release techniques as shown in the course with proficiency and skill.

Course Outline:

Section 1 – Anatomy of Shoulder Region Muscles and Structures (1 hour)

Section 2 – Treatment Techniques: Flexion (30 minutes)

Section 3 – Treatment Techniques: Abduction (30 minutes)

Section 4 – Treatment Techniques: External Rotation (30 minutes)

Section 5 – Treatment Techniques: Internal Rotation (30 minutes)

Continuing Education

This course has been submitted for 3 continuing education hours in the state in which each course is held. Approval amounts may vary per state. Certificates of attendance with the number of course hours will be given to each participant at the completion of the course.

REGISTER TODAY!

Register online at www.glseminars.com or fill out this form and fax to (419) 730-1216 or mail with payment to: 2768 Centennial Road, Toledo, OH, 43617

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